



Drag and drop the stars into the boxes to show how you feel

Highly confident  Confident  Not confident  Low in confidence 

Situations	At a learning centre	At home	Socially/ with friends	At work/ out and about
I am confident when meeting new people				
I am confident using computer technology				
I am confident that I can learn a new skill				
I am confident enough to ask questions				
I am confident that I will be able to help others				
I am confident when reading instructions				
I am confident when I have to write things down				
I am confident that I will be able to use my new skill after the course has finished				

Type your name:

Course title:

Type the tutor name:

Date: